



HEALTHY EMPLOYEES ARE Better, more PRODUCTIVE EMPLOYEES!

Well Kneaded LLC. Is a Wellness Company that specializes in offering everyday working professionals, **Stress and Pain Management Solutions**. We take pride in offering our clients reliable, affordable, and customized massage and bodywork sessions.

In a competitive marketplace, it can be a challenge to **attract and retain employees** and at the same time **improve productivity**. That is why more and more of the country's top employers are realizing the benefits of providing employees with a **massage therapy program**. This is a low-cost solution which offers many gains for both the employer and employee.

Stress-related employee turnover, absenteeism and declining morale all affect the bottom line. Job stress and pain related problems cost companies an estimated \$200 billion or more annually. Corporate massage helps relieve chronic stress. **Happy Employees are efficient employees!**

Of course, anyone who has access to a regular massage program is going to feel the **benefit physically, mentally, and emotionally**. For the employee, this is an important fact to achieve work-life balance and enjoy working for your company. When the employee feels that he or she is well cared for, their appreciation of the company increases. Massage therapy programs address that issue successfully.

We would like to invite your company to take advantage of our **“Kneaded by Work” program**. Your employees will benefit from monthly sessions at an extremely attractive price.

Benefits of Employees getting Monthly Massage:

Increases Office Productivity	Less absenteeism at work	Cost-Efficient
Focuses on Wellness	Increased employee retention	Reduces stress, anxiety, and depression
Boosts Office Morale	Greater company appreciation	Strengthens the immune system
They feel more focused, energized, and suffer less from "brain fog."	Increased motivation	Helps relieve chronic stress
Popular , Employee’s love massage!	Better general Health	Increase problem-solving skills

Massage therapy can also address workplace issues like repetitive strain injuries, carpal tunnel syndrome, numbness issues from sitting too long and fatigue.

Corporate massage therapy programs have proven to be **successful** because massage helps both the body and mind to relax. This helps employees to take on new challenges with a fresh and positive outlook.

What Well Kneaded can offer your employees:

- One monthly 60 min. Wellness Session
- Unlimited discounts on additional services/products
- Roll over sessions
- Free Consultations
- Discounts for their family
- Monthly Peaks (free upgrades)
- Knowledgeable therapists
- Individualized treatment plans
- Satisfaction Guaranteed
- Professional Staff
- Friendly service with a smile
- Proper sanitation and hygiene practices
- Clean, sterile office

Introducing and encouraging your employees to join this program will show them that you are **committed to their Wellness and Invested in them**. We want to partner with you to offer your employees, a monthly 60 min. customized massage or bodywork session to be drafted (employee pay full amount) or **shared (employer pays an amount towards all participants like \$20, allowing employee to only pay the balance)**. Additional investment to your employee's health benefits will ultimately reduce the company's losses and costs tremendously.

I'd love to discuss the benefits of this program with your company in more detail and explore the different opportunities and options for our partnership.

Please offer me an email to wellkneadedcare@gmail.com or phone call 404-593-6802 to schedule our chat!!

To your Wellness,

Shanese Mark, CEO, LMT

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