

Cryoskin Faqs

More Info on CryoSkin

Frequently Asked Questions

►Who shouldn't do it?

There are few contraindications for this treatment. But we must still be vigilant about some pathologies: Severe Raynaud's syndrome, Severe allergy to cold, and Progressive Diseases (MS, ALS, Parkinson's, neuropathy) are contraindicated for all Cryoskin sessions. Pregnancy/Breastfeeding is contraindicated for all sessions except the Facial Toning (Absolutely NO body sessions). For Slimming sessions specifically: Active Cancer, Lymphatic Disorders, Severe Kidney and Liver Disease, Severe Diabetes.

►What are the contraindications specific to Slimming?

Active Cancer, Lymphatic Disorders, Severe Kidney and Liver Disease, Severe Diabetes.

►What are the contraindications specific to the Facial?

Must respect the waiting period if the client uses Botox or fillers. Botox: minimum one month. Fillers: minimum three months.

►Can I do this if I'm pregnant?

Like any external treatment, this is not advisable and of course forbidden on areas such as the tummy, breasts or even the hips (any body areas). The safest is to abstain from treatments altogether. Facial Toning sessions are the only option that we leave up to the discretion of the retailer for clients that are pregnant or breastfeeding.

►If not, why can't I while I'm pregnant?

Because we do not know the effects of the acceleration of the

local metabolism on the fetus.

►What are the side effects?

There are few. Sometimes localized redness that disappears after a few hours. Sometimes some local pain that rarely exceeds 2 to 3 hours. There may also be some itching without consequences and often due to the reactions of certain cosmetic products used by clients. Hence it is good to ask clients to not use anything (i.e. strong lotions) before coming to do the treatment because some products can crystallize to the cold and cause discomfort. The risks concern only people with contraindications mentioned above and remain minor and temporary.

►Is there a certain person who is best suited for this treatment?

The best body profile are clients that are not "fat" or overweight. The treatment is not for clients requiring weight loss but rather for the vast majority of those who have unsightly cellulite or fatty areas (often due to poor diet, poor lifestyle or a static workplace, for example).

►Is there a minimum age for this treatment? Why?

The treatment is not recommended for children. It is not a problem for adolescents of age 15 or older. This is because until puberty is complete cartilage is still building. All other contraindications listed above.

►Is there anyone you would advise not doing it for other reasons? i.e. Just won't work for them?

There are few failures. But sometimes some body types and metabolisms do not give the expected results. It is also very often observed that these partial failures are due to very poor diet/lifestyle or to undeclared medical conditions.

►If there a specific BMI (Body Mass Index) range where this works most effectively?

We don't treat people classed as "Obese". It is too difficult to reach the whole area and if we work on a space too long or too large their liver and kidney won't be able to process that level of waste. Obese people are advised to diet first. "Obese" is usually BMIs over around 35 - but we will use our discretion based on the fact that we are only able to treat a certain size area which is about half a sheet of A page.

►Are clients able to do this treatment after other Cryotherapy sessions?

Technically, they are able to do cryotherapy on the same day. However, we still recommend that clients wait until the next day to avoid potential overexposure to the cold on localized areas and subsequent discomfort for the client.

▶How long do clients need to wait between Coolsculpting and Cryoskin, or any other cryo treatment?

Minimum of one month.

▶Do we treat people with lipomas?

Out of precaution, we don't treat lipomas directly and no effective results have been shown for their treatment with Cryoskin.

▶Can I get this treatment if I have Tattoos?

Yes.

▶Can I get treatment while Breastfeeding?

Yes, but never with any body sessions. Only with Facial Toning.

▶Can I get treatment if I am undergoing IVF?

Yes.

▶Is it okay to treat people who have an open wound?

No..... Unless you cover the wound with some sort of plaster. The reason for this is not to pass bodily fluid onto the Wand. If you cover the wound then treat through the cover, the treatment should help healing due to increased blood flow to the area.

▶Is it okay to treat people after wax/laser hair removal?

It's best to wait 1 week after these treatments to make sure the treated areas are fully healed and bodily fluid won't be transferred.

▶Can I get treatment after other non-invasive dermatological procedures? (i.e. Hydrofacial, etc)

- *please note this does not include Botox or fillers.* Yes, all other dermatological technologies are compatible with the Cryoskin. The Cryoskin can be easily combined with popular treatments like the Hydrofacial, while respecting the 72 hour wait period.

▶20. Why is this effective for Cellulite?

The treatment causes vasoconstriction then vasodilation in the blood vessels. This increases blood flow which results in increased Collagen and Elastin production. Collagen helps to break down Cellulite.

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